

*ESOTERIC STUDENTS' NEWSLETTER*  
*Sponsored by Southern Lights Centre and*  
*Christ College of Trans-Himalayan Wisdom*

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**CONTENTS:**

|                                    | Page |
|------------------------------------|------|
| The Noble Middle Path              | 2    |
| Meditation Retreats                | 5    |
| Thoughts on the World Situation    | 6    |
| Solar Fire Meditations             | 13   |
| Cabins for Rent                    | 14   |
| Southern Lights Centre Diary Notes | 15   |
| Southern Lights Centre Library     | 17   |
| Weddings at Southern Lights Centre | 18   |
| Updates and Information            | 19   |

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## THE NOBLE MIDDLE PATH

*“Through an understanding of the pairs of opposites, he begins, esoterically, to ‘isolate’ the ‘noble middle path’ of which the Buddha spoke.”<sup>(1)</sup>*



<http://promienie.net/blog/philosophy-spirituality/buddhism/dharma-collection/item/456-four-noble-truths>

It is not unusual for me to be surrounded by articles, opinions, books, interviews and videos. I aspire to be a “light-bearer”<sup>(2)</sup>. I count myself among *“those men and women whose aim is the will-to-good, who think in terms of world service and who are oriented towards light—the light of knowledge, the light of wisdom and understanding and the light of life itself.”*<sup>(3)</sup>

I see myself as a gatherer of ideas about patterns of human thinking, tracking where human consciousness is heading and hopefully helping raise consciousness. I am looking out for signs of a consciousness shift, a new paradigm or world view which will herald a new culture arising from the demise of the outworn systems in evidence in the world.

During the pandemic I have felt like I’m picking my way between and through many theories and perspectives regarding its causes and repercussions. Perhaps that’s how many people are feeling. The views of friends, family, colleagues and acquaintances, as well as the media, appear to have been arrayed on both sides of a polarity regarding the concept of **“conspiracy”**.

Some people see the pandemic as **a conspiracy** by WHO and the Gates Foundation to medicalise the world through a man-made virus which allows increased surveillance of and restrictions on humanity. These people cite the “Event 202 Global Pandemic Exercise” (see website) held in October 2019, just before the actual pandemic occurred. They cite documents showing the liaison between US laboratories and the Wuhan laboratories. They say they are suspicious of the global, standardised approach being used and promulgated through the media.

On the other hand, are **the conspirators**, those who question the need for restrictions and defy them, conspiring against consensus reality with conspiracy theories, putting forward the rationale in the paragraph preceding this one. After all, there are the majority who applaud and honour the restrictions upon people and the search for a vaccine. There is concern for the exponential spread of contagion and the fear of the virus and its effects on the human body. There is a desire to cooperate for the sake of community safety.

Some say that humanity, in the worst-case scenario, could find their civil liberties curtailed if they have not been vaccinated, for example, by being denied entry to old age residential care facilities and kindergartens. Others are concerned that their jobs and businesses, their mortgages and lifestyles are being permanently affected by the restrictions.

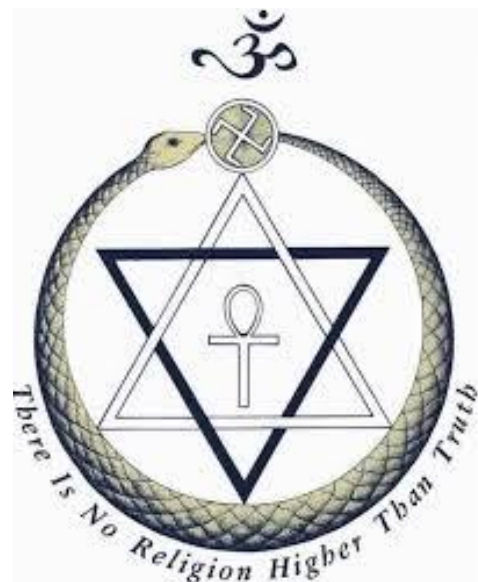
There are reports from others among my family and acquaintances of restrictions placed by Facebook on information which expresses views contrary to the official narrative about the pandemic. Some of these people say that there has not been adequate media coverage of the outcomes of the testing in terms of the long-term influences and of statistical data on those testing positive to the virus, so it is impossible to use discernment based on comprehensive, current and accurate information.

Some of these people fear that the vaccines will not receive adequate testing and scrutiny prior to release, citing the lack of legal liability for pharmaceutical companies in the USA and court cases against Bill Gates for the effects of polio vaccines and their illegal administration in tribal populations of young girls in India. They cite videos of a range of medical authorities who question the approach being taken across the world. Others are concerned about the increasing use of vaccines and the medicalisation of humanity. Recently there was an article in the Christchurch newspaper on the HPV vaccine for a cancer increasingly contracted in the throat through oral sex, being available to children aged 9 onwards to protect them from symptoms 20-30 years later. The reason given was that “young people are putting themselves at risk of developing cancers in the future every time they have sexual contact.”<sup>(4)</sup>

Yet others champion the provision of healthy environments and natural preventative health measures to restore humans to physical, emotional and mental well-being and the full functioning of their own immune systems, rather than reliance upon pharmaceuticals.

A theosophical viewpoint might rest upon the idea of the universal presence of spirit in all creation, as the guarantee of inter-connected wholeness and ultimate well-being in creation. This idea is expressed in the words of the founder of the Theosophical Society, H P Blavatsky in her book, *The Secret Doctrine*, as follows-

*“The first and Fundamental dogma of Occultism is Universal Unity and absolute Omniscience and Intelligence in the universe, and this thrills throughout every atom and infinitesimal part of the whole finite Kosmos which hath no bounds.”*<sup>(5)</sup>



The model of values development by Brian Hall, in his book *Values Shift*, can be helpful in understanding the relationship between public needs and government responses. For example, in Hall's model, where there are the needs for safety and security, there are likely to be authoritarian or paternalist leadership styles. In the short term of a national emergency, these styles can restore public confidence and reassurance. However, in the long term after such emergencies, there may be other people in a pluralistic society who prioritise *Equity and Rights*, defined by Hall as:

*"Awareness of the moral and ethical claim of all persons, including oneself, to legal, social, and economic equality and fairness plus a personal commitment to defend this claim."* <sup>(6)</sup>

They would likely defend their right to question lengthy uses of civil restriction and seek to put forward alternative strategies. Still others may watch global trends and greatly value the role of the *Prophet* and of *Vision*. Robert F Kennedy Jnr's response to the pandemic and government strategies is seen by some in this light.

*Prophet/Vision - "The ability to communicate the truth about global issues in such a lucid manner that those who hear are able to transcend their limited personal awareness and take action."* <sup>(7)</sup>

The collaborative style of leadership would probably resonate with such value-holders. Hall proposes:

*"Leaders and organizations that in the future would move toward a concern about the overall societal and natural global environment, and that would approach issues of human justice in a non-judgmental manner when dealing with cultures and groups that have significantly different ideological orientations."* <sup>(8)</sup>

Daily I stand in the middle of all these gathered opinions and perspectives and take them into meditation as a spectrum of human consciousness on the pandemic, invoking with the following mantra on behalf of myself and humanity in these transition times:

*"May the energy of the divine Self inspire and the light of the Soul direct; may I [and humanity] be led from darkness to light, from the unreal to the real, from death to immortality."* <sup>(9)</sup>

*For we have not been given "the spirit of fear, but of power, and of love, and of a sound mind " <sup>(10)</sup>  
"So let it be, and help us to do our part."* <sup>(11)</sup>

Julia Tarnawsky

## References

- <sup>(1)</sup> Alice A Bailey (AAB), *Esoteric Psychology* Vol II, page 160
- <sup>(2)</sup> AAB, *The Rays and the Initiations*, page 143
- <sup>(3)</sup> AAB, *Esoteric Astrology*, page 573
- <sup>(4)</sup> *The Press*, August 4 2020, page 22
- <sup>(5)</sup> HP Blavatsky, *The Secret Doctrine* Vol I, page 277
- <sup>(6)</sup> Brian Hall, *Values Shift*, page 228
- <sup>(7)</sup> *Ibid*, page 232
- <sup>(8)</sup> *Ibid*, page 169
- <sup>(9)</sup> AAB, *Discipleship in the New Age* Vol 1, page 573
- <sup>(10)</sup> The Bible 2 Timothy 1:7 (AV)
- <sup>(11)</sup> AAB, *Esoteric Psychology II*, page 649

## SOLAR FIRE MEDITATION RETREATS 2020



*Please join us for the next meditation retreat days, Sundays 9.30 am to 4 pm.  
Mark your diaries and join us to celebrate the different solar fire astrological energies.*

**LIBRA**

*4 October 2020*

**SCORPIO**

*1 November 2020*

**SAGITTARIUS**

*29 November 2020*

Those wishing to participate are welcome to book in advance and send their birth details so a natal chart can be made for discussion at the Sunday retreat. For example, if you were born in Aquarius, how does your birth chart relate to the full moon chart and energies for Aquarius?

All welcome

**For More Information**

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## THOUGHTS ON THE WORLD SITUATION

Lead us from the UNREAL to the Real

This title is from a mantram... "Say the mantram of the Disciples' Degree: 'May the energy of the divine self inspire me and the light of the soul direct. May I be led from darkness to light, from the unreal to the real, from death to immortality'." *DINA I page 102*

It is part of a sequence of formulae: -

"Formula I . . . . Lead us from darkness to Light.

Formula II . . . . Lead us from the unreal to the Real.

Formula III . . . Lead us from death to Immortality.

This brings us to a statement of the next formula and a consideration of its meaning:

Formula IV . . . Lead us from chaos to Beauty." *DINA II page 294*

Rewording it for a general meaning...From the unknown (ignorance) the disciple uses light to help in the revelation of truth/knowledge... from unreality (delusion) and confusion towards a sense of reality...realness, aliveness, health, full sentiency....from death even small loss and grief to a sense of continuity of consciousness... from the matrix of energies in apparent confusion and disturbance to a sense of order, structure, proportion and balance.

This title suggests that humanity is caught up in delusion/illusion based upon a conditioning of patterns of feelings and thoughts which pivot around the idea of separation. This state of limited awareness based on false assumptions and the conditioned feelings of fear and a lack of security may promote a state of desperation and panic. From this state of separatism and materialism how can we attain unity and Spirituality? This article will address some of this dilemma in the context of this present time of transformation.

A symbol has multiple inherent interpretations...all valid. The ability of a viewer to penetrate into the meanings of that symbol may be limited to a grasp of a smaller number of aspects, though potentially all aspects may progressively unfold. These aspects of the symbol structure into a comprehensive related whole, merging or fusing parts into coherence is of significance. There is thus a partial apprehension of the symbol leading to a more holistic, unified synthesis of comprehension.

Truth also has this quality of variance of apprehension. Some aspects are factual and obvious yet the causative depth is variable or unknown. Truth has a wholeness that sounds a note with timbre; that is a fullness of overtones.

Consciousness involves the mind's recognition of a pattern, shape, form, sound, concept, idea in possibly a sequential presentation; simultaneously or individually.

This recognition may be part of a learning exercise and a point of realisation is gradually attained. Understanding is the attainment of this realisation!

Or there may be a recapitulation; a restoration or re-establishment of threads of connection. This is an inner knowing surfacing as hints are presented and a recollection takes place.

Reality is approached via an immersion into the depths or levels of perception arriving at an apprehension of a totality of aspects/factors influencing an event, a happening or an experience.

Consciousness expands beyond the personal, beyond the actuality of the event into both causation and consequences. The essence of consciousness is inclusive relatedness.

The grasp of a partial truth and a resulting structuring into a plausible reality is often flawed because the part is inserted into an inappropriate context...there is an incompleteness of presentation and a distortion of reality happens. Detachment, discrimination and discernment will reveal the falseness of this "packet of information"!

If foundational premises are known to be partially invalid then the actions based on these assumptions are not justified and those actions have been implemented fraudulently. Consequences result from these actions which will require a rebalancing.

The level of sentiency and the entering into greater spheres of relationships are factors that influence apprehension of truth. Below are some supportive quotes from the Blue Books by Alice A Bailey.

"The aura of any form of life can be defined as the quality of a sphere of radiatory activity. ...Two words only describe an aura from the point of view of occult knowledge and they are 'quality' and 'sphere of influence.' ...What he (seer) has really recorded is the quality of a sphere of radiatory activity; this he does when his own individual sphere of radiatory activity is of the same nature and quality as that contacted. Most seers register the astral range of vibrations of a person or a group and this through the medium of their own astral body. The **impact of a truth** or of a mental concept and its recognition is an expression of a similar contact, carried forward this time into the realm of the mind.

This explains the truth lying behind all so-called "expansions of consciousness" to which the mind of man can respond; he registers a constant succession of vibratory impacts, emanating from spheres of activity; these range all the way from the early stage of increasing awareness through the development of the five senses and the three vehicles of contact in the three worlds of human experience to those recognitions which lead a man into the sphere of influence of a Master and later enable him to take what is termed one of the major initiations.

These spheres of radiatory activity are ever present even when unregistered and unrecognised. The evolutionary process is one of developing a response apparatus with which to register them; having done so, the next step is to react intelligently to such contacts, thus producing an ever increasing range of awareness which finally constitutes the sum total of consciousness." *DINA I, AAB, page 753*

"The Science of Impression might be regarded, in the last analysis, as the fundamental science of consciousness itself, for the result of contact and impact leads to the awakening and the unfoldment of consciousness and of that growing awareness which distinguishes every form throughout the manifested world. Every form has its own area of awareness, and evolution is the process whereby forms respond to contact, react to impact, and pass on to greater development, usefulness and effectiveness. The Law of Evolution and the Science of Impression cover the unfoldment of consciousness and bring about adaptability to the immanent soul." *Telepathy and the Etheric Vehicle, AAB, page 62*

"1. The Science of Contact.

2. The Science of Impression.

3. The Science of Invocation and Evocation.
4. The Science of Relationship.
5. The Science of Sensitivity.

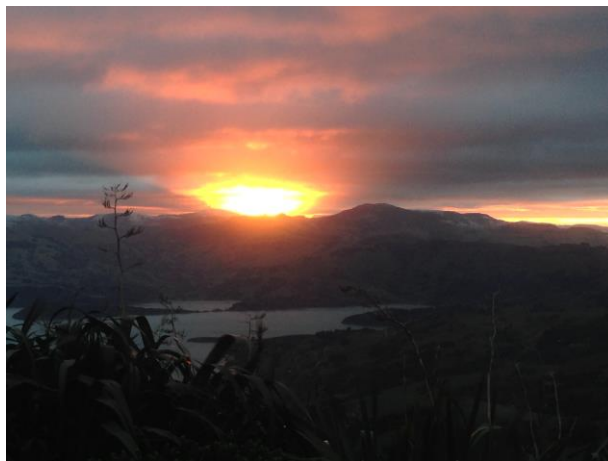
All these terms convey different aspects of the reaction of form or forms to contact, to impression, to impact, to environment, to the thought context of various minds, to ascending and descending energies, to the invocation of agents and the evocation of their response. The whole planetary system is in reality a vast interlocking, inter-dependent and inter-related complexity of vehicles communicating or responsive to communication.” *Telepathy and the Etheric Vehicle, AAB, page 83*

“Impression is the subtlest reaction to the vibratory mental activity of some other mind or group of minds, of some whole, as its radiatory influence affects the unit or aggregate of units. *Telepathy and the Etheric Vehicle, AAB, page 41*

1. Contact can be defined as recognition of an environment, an area of the hitherto unknown, of that which has somehow been evoked, of a something other which has made its presence felt. This something other than the Perceiver has usually been earlier sensed, has been propounded into a theoretical possibility, has later been invoked by the directed and conscious attention of the one who has sensed its presence, and finally contact is made.
2. Impact is something more than simply registering contact. It develops into conscious interaction; it conveys later information; it is revelatory in nature, and can be defined in its initial stages as the guarantee to the one who responds to it of a new area for exploration and for spiritual adventure, and as the indication of a wider field wherein consciousness may expand more ...”  
*Telepathy and the Etheric Vehicle, AAB, page 59*

These definitions are from the Blue Books.

At this difficult time in human history a consideration of these above statements may help to awaken discrimination and discernment to guide our choices for the good of all.



My understanding suggests that “my dear friend” mentioned below is approaching this level of consciousness.

The detailed work of fellow esoteric friend V S suggests an “INVERSION OF TRUTH” where the unreal distorted narrative is proclaimed by powers that dictate to science institutes (educators/medical authorities

...) to be the truth. These powers own their aligned controlled media that diligently manipulates and fuels human consciousness with these distortions or direct lies... this is unfortunately the existing state of affairs... Truth is declared to be false... and the FALSE is declared to be real... Being polite and asserting that there is a misrepresentation of reality by a focus upon a purely materialistic viewpoint is no longer a viable stance. "This reductionist mechanistic stance has been controlling science for decades" states Mae-Wan Ho in the early section of her book *The Rainbow and the Worm*. "Nearly every war that has started in the past 50 years has been a result of media lies"... Sarah Abdallah here is quoting Julian Assange. These consequences require humanity to awaken before more damage takes place.

There is a deliberate distortion of reality by the use of various means (money/coercion) to influence people in various positions of control. It's a direct intervention... a corruption of values and persons; thus a corruption of INTEGRITY is prevailing! There are many conditioned people caught up in a work situation and they have not yet realised the deception. My statements mainly apply to the higher echelons of power which have created and maintained the status quo... the prevailing social mores and the patterns of thought. Humanity awakening to reality may consider beyond their personal requirements and now act together to create co-existent changes that share all resources.

One area of concern is vaccines... If there has been no testing on the safety of vaccines for thirty years to state that a vaccine is safe based on the safety of some prior vaccines is an invalid assumption.

If this is accompanied by no accountability of vaccine producers for their products this further casts a doubt on their reliability.

If evidence of severe side-effects of particular vaccines is suppressed and relevant information distorted by media outlets this is an infringement against the rights of humanity and the victims.

The above three statements may be verified by researching Robert F Kennedy JR... Childrens Health Defence.

Fear is a human emotion that is easily engendered and kept fuelled as these powers know for they use lies to control humanity and to instil FEAR.

"The fear of death is one of the great abnormalities or distortions of divine truth for which the Lords of Cosmic Evil are responsible. When in early Atlantean times they emerged from the place where they had been confined, and forced temporarily the retirement of the Great White Lodge to subjective levels, their first great act of distortion was to implant in human beings fear, beginning with the fear of death. From that time on, men have laid the emphasis upon death and not life, and have been ridden by fear all their days." *Rays and Initiations, AAB, page 769*

Truth is called "FALSE" ...conspirators, it seems, are the "false- ones" ...when the reality is Conspiracy Activists are awakening to the fact that they have been lied to consistently. They are awakening to the TRUTH.

The extent of this "Inversion" is extremely pervasive as it enters into many areas of life. This fact has disturbed many greatly and the challenge is the acceptance of the degree of mistruth and lack of transparency that now persists. This is an overwhelming realisation that has impacted my consciousness deeply. This lack of transparency is evident as the truth of sex-exploitation of the young and vulnerable becomes more widely known. Change is needed now!

The restriction of information by politicians and the judicial systems is a part of this “Inversion”. A “need to know” mentality based on a hierarchy of power existed in many spheres...my experience of it was as a teacher...the issue involved was paedophilia. I was not privy to information which may have led to an early arrest of the perpetrator. Both in England and Australia the commissions investigating child abuse reported back to their respective politicians and they (politicians and judiciary) refused to make public the names of past national leaders who were involved in child abuse. Truth is concealed yet falsehoods are prevalent. The various whistle-blowers (Julian Assange) are mistreated. The true history of humanity is becoming known and it is not something to engender pride.

My investigations into sound as a creative force and a healing tool led to my discovery that many people’s work were suppressed and challenged by the various medical boards or authorities. Royal Raymond Rife is a prime example of this deception.

Radionics, homeopathy and alternative treatments involving herbs also have been challenged and ridiculed with some court actions resulting in deaths or difficulties for many by creating ill-health and even loss of tenure.

Foundational reality has been structured towards a materialistic framework that treats health issues from an external manifestation viewpoint (the effect) rather than from a causative stance. My research changes my foundational reality towards an energy flow that relates external happenings to an inner synthesis with all life. Energy investigators such as R O Becker and Harold Saxton Burr have been ignored by the established medical systems. They helped to form my “energy-flow reality”.

This new vision is a unity-based one, not separative. Yet the established educators and authorities still hold onto a separative view. The scientific establishment’s treatment of David Bohm and his research was deplorable. His ideas pertain to unitive reality!

The materialistic view supports the pharmaceutical industry, whose money is invested in both media/education/research grants...to influence the public servants/politician and other bribed officials. This is not an assertion but a fact. This influence results in investigative research that is dominated by a physical/chemical approach to disease. Humanity needs to place emphasis on psychological and consciousness methodologies to assist in healing.



Even in the realm of psychology influence is towards a materialistic, behavioural psychological approach that excludes consciousness as of prime significance. Philosophy departments in Sydney University have

specific viewpoints linked more towards materialism which preclude an open discussion. This was a close friend's experience as a student...he left.

CONSCIOUSNESS is the recognition of a sequence of impulses or frequencies.

Consciousness recognises a pattern of interaction...a tessellation...a unity of individual shapes or forms enmeshed into a totality.

Continuity of Consciousness relates to its transformation into alternative realms of expression. This is connected to the concept of a soul.

Human consciousness reacts with all life...This connects consciousness to spirituality

The spiritual reality is the polarity of materialism therefore all indications such as "consciousness" are being de-emphasised or even denied by the present powers.

Furthermore the idea of the "Ether" has been denied. A true understanding of electricity has been suppressed.

The "Electric Universe" is denied...plasma as the 4<sup>th</sup> state of matter being 99% of the substance of the universe is not included in cosmology as a fundamental creative intelligent organising principle.

The primary role of these energies (etheric/plasma/chi) in human functioning is suppressed...

The consciousness of the soil is undermined by the chemical invasion that is interfering with natural soil microbiology/life.

Sound is a regular impulse where noise is a distortion. Harmony or dissonance prevails. Sounds creative potential as evident in the cymatic researcher's experiments are not given value.

Music is a continuity of patterned sound. Music is digitally altered to reduce music's beneficial qualities.

Sound is both able to travel in air and in space. A vacuum is not a reality; there is a plenum of potential in that state. Sound is not an isolated event it is a part of simultaneity of expression involving light, dielectricity, plasma and magnetism.

A pulse is a moment of attraction and repulsion or compression and rarefaction ...repeating sequentially. Induction then release...This pressure wave is a key to life. Again, Milo Wolff's Schrodinger's Universe expresses some similar ideas worthy of our consideration.

Plasma, sound and electricity are linked to the various etheric levels involved in the physical, emotional and mental functioning of the personality consciousness. This personality consciousness is informed via the environmental/social and cultural circumstances. There is also an "informational-realm" a plane of knowingness directed by an adaptive intelligence that brings structure and order to the "plasma-state". There is significant intuitive guidance accompanied with "spiritual telepathy" which informs the soul consciousness personality.

The interface between personality consciousness and soul consciousness is the zone of difficulty now confronting humanity. The powers of evil are actively attempting to control the human personalities by this "inversion of truth". This may also lead to artificial intelligence methods that may attempt control over mind functioning. This could involve radio-transmissions, 5G manipulation, HAARP interference as well as media/political/medical interventions.

Calm natural balance enables regular rhythm of functioning while fear, anxiety and stress create disharmony and disease. The keeping of humanity on the “tenterhooks” of fear and insecurity is creating overwhelming stress on our immune system.

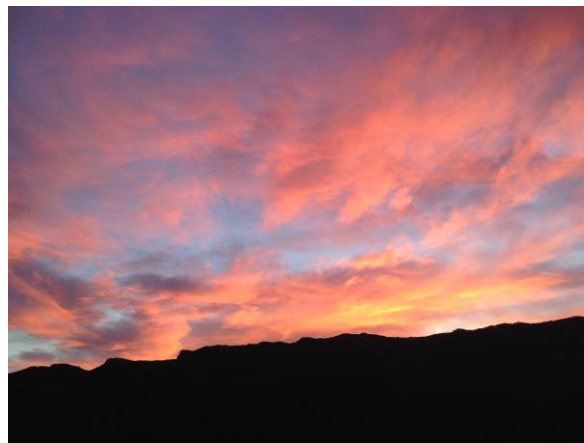
There is a global attempt to promote consumerism and the satisfaction of personality desires which have been artificially created by false media presentations. Materialism is even distorting “new age ideas” creating a consumer approach...positive thinking to manifest a new car!

“I read about Antoine Bechamp and the lost chapter in the history of biology” states another friend. She had opened a whole new perspective on viruses ....Robert O Young’s research supporting Antoine Bechamp’s writings is now placing a different perspective on today’s events. Young’s work will also undergo the challenge of these materialists ...

Consensus reality developed by careful conditioning of social situations may be compared to the water-hole with frogs and fishes gradually being heated...an acceptance of huge amounts of money spent on sequential wars being one gradual development.

Consensus reality has awakened from slumber and is investigating the established social values and premises. Realising the criteria of relevance is the materialistic viewpoint promoting exploitation and consumerism that has made the rich much richer while the workers’ conditions and wages have declined. This realisation will lead to considerations of alternatives that promote a sense of wholeness.

Nature’s laws are not considered while short term expediency...such as mining booms in Australia...deforestation; medical interventions; wars for resources such as oil and now water prevail.



The “Four Freedoms” and basic need are attacked by the powerful and decisions are made without consultation with the people...5G and the satellites sent into space ...are cases in point!

The world’s energy matrix is under stress as diverse forces are enacted resulting in consciousness shifts and extreme weather changes...never mind the fires.

Essentially it is a mental battle and divinity is embedded in the heart of humanity therefore spirituality will prevail and the forces of evil/materialism will be defeated. Our strength is that we have a spiritual framework which is our foundational anchor.

In love, light and power may humanity awaken and our earth become a sacred planet.

Jurij-Orest TARNAWSKYJ

## SOLAR FIRE DATES AND TIMES

Monthly meditations are always held at the full moon at Southern Lights Centre near Akaroa.

Please contact Julia and Orest for details.

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Christchurch meditations can be held in 2020.

Please let us know if you'd like to be notified of when and where they are

[office@southernlights.org.nz](mailto:office@southernlights.org.nz)

## MEDITATION TEMPLE DATES

|             |             |         |
|-------------|-------------|---------|
| Libra       | 1 October   | 4.00 pm |
| Scorpio     | 31 October  | 4.00 pm |
| Sagittarius | 30 November | 4.00 pm |

## FULL MOON

Libra ♎ **Keynote:** *I choose the way which lies between the two great lines of force*  
(actual time 2 October 10.06 am)

Scorpio ♏ **Keynote:** *Warrior am I, and from the battle I emerge triumphant*  
(actual time 1 November 3.49 am)

Sagittarius ♐ **Keynote:** *I see the goal. I reach that goal, and see another*  
(actual time 30 November 10.28 pm  
+lunar eclipse)

## NEW MOON

Libra ♎ **Keynote:** *I choose the way which lies between the two great lines of force*  
(actual time 17 October 8.31 am)

Scorpio ♏ **Keynote:** *Warrior am I, and from the battle I emerge triumphant*  
(actual time 15 November 6.07 pm)

Sagittarius ♐ **Keynote:** *I see the goal. I reach that goal, and see another*  
(actual time 15 December 5.17 am  
+solar eclipse)

## THE GREAT INVOCATION

**From the point of Light within the Mind  
of God**

**Let light stream forth into the minds of  
men**

**Let Light descend on Earth.**

**From the point of Love within the Heart  
of God**

**Let love stream forth into the hearts of  
men**

**May Christ return to Earth.**

**From the centre where the Will of God  
is known**

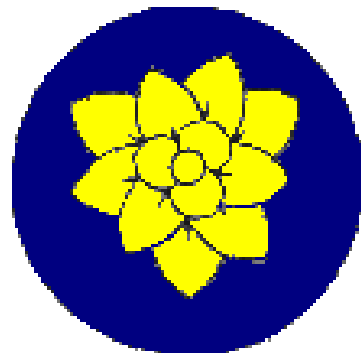
**Let purpose guide the little wills of men  
The purpose which the Masters know  
and serve.**

**From the centre which we call the race  
of men**

**Let the Plan of Love and Light work out  
And may it seal the door where evil  
dwells.**

**Let Light and Love and Power restore  
the Plan on Earth**

**Om Om Om**



## **CABINS FOR RENT AT SOUTHERN LIGHTS CENTRE CUTE, COSY AND AVAILABLE NOW**



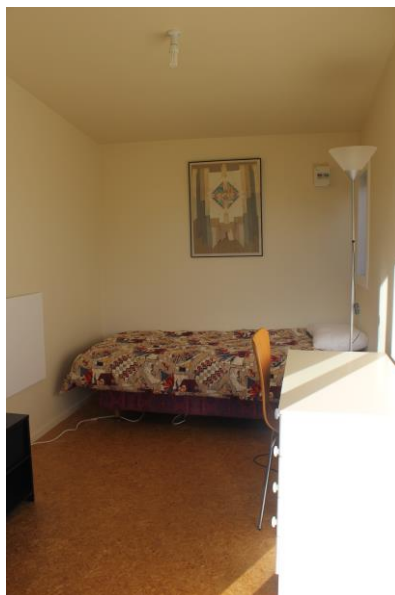
**CREATE YOUR OWN RETREAT.**

**EXPERIENCE SOLITUDE AND TIME IN THE TEMPLE, OR JOIN US IN OUR  
THREE DAILY MEDITATIONS.**

**COME FOR A NIGHT OR FOR ANY NUMBER OF NIGHTS.**

**CABINS ARE WARM, ATTRACTIVE AND COMFORTABLE.**

**PRICE IS LESS EXPENSIVE THAN YOU THINK.**



**PHONE JULIA OR OREST TO BOOK: Julia 021-1736813, Orest 021-1434583**

## SOUTHERN LIGHTS CENTRE DIARY NOTES

Greetings to all readers.

Winter has come and gone here and we have the occasional sun-drenched day for morning tea or lunch on the garden seat, overlooking the Takamātua valley and the crater ring of mountains surrounding us. We are late bloomers here at 550m above the sea, so the daffodils are only just out. Below the front garden is the hugel garden, its brassicas and carrots protected by netting against possums, hedgehogs, rabbits and hares. The newly planted feijoa saplings around the edge are sprayed with repellent to stop trunk ringbarking by the hares.



Winter has been a wonderful time, often by the log fire, to catch up on deep reading and the viewing of documentaries and You Tube presentations for research across many areas. Orest and I both see ourselves as ‘bridgers’, seeking to align and synthesize new information in science with the ageless wisdom teachings, chiefly in the Alice A Bailey books. On this note, I recently gave a talk to the Canterbury Theosophical Society on David Bohm’s model of the implicate order in relation to the three fundamental propositions in HP Blavatsky’s theosophical book *The Secret Doctrine*.

This year we included reading on the Covid virus and world events surrounding this in order to make sense of the often conflicting views on offer. As ‘light-bearers’ this is, for us, a primary area of service, our findings being translated into the invocatory and distributing roles in our three daily meditations. The full moon all-day meditation retreats are especially a time for invoking the incoming zodiacal energies and distributing them for the nurturing and raising of human consciousness across the world. People come from Christchurch to attend these days. They include teaching and discussion of the significance of the full moon astrological chart for New Zealand and in our own lives.

I was grateful for the Virgo 2025 Initiative webinar recently, led by a Russian psychologist who incorporates the ageless wisdom teachings into her work and daily life. Interestingly she has been involved with these teachings from the age of seven.

We have had visitors from South Canterbury and the North Island, including my second cousin who authored a book on our shared great-grandfather, Henry Holland, and our family line here in Christchurch and in Adelaide, Australia.

There have been several enquiries regarding hire of our facilities, particularly now that spring is here, and a request for mentoring from a young Australian woman who is a keen student of the ageless wisdom. The NZ Theosophical Society Governance Board, of which I am a member, recently met on Zoom due to the greater ongoing Covid restrictions in Auckland.

Due to these restrictions I will not be able to meet my new grand-daughter in Melbourne, Australia and catch up with my family there.

I ran astrology classes for some of our choir members during winter. The choir, *the Tectonic Tones*, is a continuing source of weekly enjoyment for both Orest and me. We sang a series of songs at a Mid-winter Mingle in the Akaroa Gaiety Theatre, along with other musical groups.

During winter I joined the Akaroa Scottish Country Dancing group and I relish the weekly meetings albeit still in some confusion about the sequence of steps in many dances. The Scottish heritage in the South Island of NZ is reflected in the number of such groups alive and well across this island. We dance Maxwell's Rant, Flora's Fancy, Fisherman's Reel etc.

We attended a wonderful performance of the NZ String Quartet in Akaroa, playing several of Beethoven's string quartets in the Presbyterian Church.

The Admin. Director of our Southern Lights Charitable Trust, Peter, his partner Christine, and our helpful young man, Chris, who is a keen worker on the land, stayed for several weekends and this added to the growing sense of community here at Southern Lights Centre. Clearing of gorse from the fire tracks has recommenced during these weekends.

Discussion continues around the building of a new library for our precious spiritual books, many of them out of print, and we would welcome further donations towards this project.

Sending blessings to all readers, knowing that some of you may be undergoing hardships due to government policies involving the Covid virus as well as wildfires.

*Julia*



## SOUTHERN LIGHTS CENTRE LIBRARY



Southern Lights Centre library is full to the brim with all the books you could imagine, from traditional esotericism, to Ken Wilber and modern day thinkers, to art, to archeo-astronomy. There is something of interest for everyone .....

Arguably the most comprehensive spiritual library in the South Island. The library contains books that are hard to find and not in conventional libraries. Our thanks to Phillip Lindsay who donated the majority of the books.

An extensive range of esoteric literature, astrology books, biographies, mythology, symbolism and much more.

Authors include: Alice Bailey, Helena Blavatsky, Phillip Lindsay, Dane Rudhyar, Dalai Lama, Joseph Campbell, Carl Jung

Open to view at 433 Long Bay Road, Akaroa  
Call in for a browse.

Please contact us for a list of books available or to view this amazing resource.  
[julia@southernlights.org](mailto:julia@southernlights.org)



## WEDDINGS AT SOUTHERN LIGHTS CENTRE

Southern Lights Centre is a beautiful place for a wedding, especially as spring and summer approaches. The temple is available a wedding, Long Bay House for reception surrounded by beautiful views.

The temple is a unique space designed to marry heaven and earth, spirit and matter, the masculine and the feminine. It is a space that stands free from any religion or philosophy and offers any person(s) from any background a place where they can connect with their essential nature, connect with each other and find true meaning in their lives.



There are spaces (especially in front of the temple) where an outside service could be held. There are many possibilities at Southern Lights Centre to create a wedding. Below are three outlines that could be altered to suit your needs.

Option 1) - an outside service - The backdrop of the Akaroa harbour and the temple would make a perfect place for an outdoor wedding.

Option 2) - a service in the temple - The temple is a sacred space and talks constantly of marriage.

It is the perfect place to conduct a small ceremony.

Option 3) - a reception in Long Bay House – this could be used to house a small reception of up to 25 people. All the facilities of the space could be utilized for this occasion.



Please contact Southern Lights Centre for further details:

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## **UPDATES and INFORMATION** **SOUTHERN LIGHTS CENTRE**

### **LONG BAY HOUSE – HIRE**



Long Bay House is available for hire. It is the perfect place for workshops, meetings, or a weekend getaway. It is nestled on the hills of the Banks Peninsula with stunning views. It comes complete with kitchen facilities, shower and toilet facilities and can accommodate up to 24 people and sleep up to 10, plus the cabins which sleep another 4.

#### ***Facilities available:***

- \* temple access
- \* 2 workshop/teaching rooms
- \* marae-style accommodation
- \* kitchen
- \* shower/toilet
- \* picnic table, nature walks

Please contact Southern Lights Centre for details: [Julia.tarnawsky@gmail.com](mailto:Julia.tarnawsky@gmail.com)



**TRIANGLE CENTRE**  
AOTEAROA • NEW ZEALAND

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Sender: *Southern Lights Centre*  
433 Long Bay Road  
*Akaroa*  
*New Zealand*

*Spring Equinox*  
*23 September 2020 – 1.31 am (NZT)*

*An equinox broadcast meditation can be accessed here starting 11.50 pm NZT, Tuesday 22 September*  
<https://www.youtube.com/c/MoryaFederationEsotericEducation/live>

**WEB SITE** [www.southernlights.org.nz](http://www.southernlights.org.nz)

This site is regularly updated. You can download the Newsletter; keep up with events that happen between Newsletter printings and see some of the photos of current projects and events.  
Please contact us if you have a relevant link.