

ESOTERIC STUDENTS' NEWSLETTER
Sponsored by Southern Lights Centre and
Christ College of Trans-Himalayan Wisdom

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Southern Lights Centre

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SOLAR FIRE MEDITATION RETREATS 2020



*This is the time of the **three spiritual festivals** which mark the start of the spiritual year and are the **most potent energies** throughout the year, in **Aries, Taurus and Gemini**.*

*Please join us for the next meditation retreat days, Sundays 9.30 am to 4 pm.
Mark your diaries and join us to celebrate the different solar fire astrological energies.*

ARIES – Festival of the Christ
*** 5 April 2020 ***

TAURUS – Wesak Festival
*** 3 May 2020 ***

GEMINI – Festival of Humanity
*** 7 June 2020 ***

Those wishing to participate are welcome to book in advance and send their birth details so a natal chart can be made for discussion at the Sunday retreat. For example, if you were born in Aquarius, how does your birth chart relate to the full moon chart and energies for Aquarius?

All welcome

For More Information

Phone: Julia 021-1736813, Orest 021-1434583

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WARMTH

“We are moving closer to warmth – the little fires in the compound”. These words were of great relevance to delegates at the Theosophical Society (TS) International Convention in early January in Varanasi, India.



Orest and I arrived in India to an unexpected, unusual cold snap across northern India. At the venue, in the TS compound in Varanasi, residents who lived in the shanties on the compound were huddled around outdoor fires of burning tree branches in the mornings and evenings. We, along with other delegates, braved the chaos of Indian traffic in the road outside the compound, dodging honking three-wheeler taxis, cows, motor bikes and stray dogs darting every which-way. We were looking for a clothing store which sold thermal underwear. Others sat in the convention sessions with bed rugs around them. Yet others left the compound accommodation for hotels, unable to bear the glistening-damp of the walls of their rooms, recently rendered and unable to dry.

The words about “moving... to warmth” were addressed to the delegates by the International President of the TS, Tim Boyd. He continued on the theme of “warmth” saying that, when “illuminated and enflamed by the [ageless wisdom] teaching, those closest to the warming fires of truth attract others”. He referred to the ageless wisdom as “a treasure we don’t fully understand”.

The disciples of Jesus reflected on His teachings on the road to Emmaus saying “Did not our heart burn within us, while he talked with us by the way, and while he opened the scriptures?”⁽¹⁾ The ability to warm the hearts of others with aspiration, inspiration and illumination is a function of the energies of the Sixth Ray of Devotion and Abstract Idealism, one of the “Seven Forces in Man and in all Nature....the Seven Principal Forces, called rays...”⁽²⁾

“It is the Sixth Ray workers, of all the ray types, who have the ardour, earnestness and fiery enthusiasm to render ideas desirable”. “Sixth ray people are the outstanding enthusiasts...They become so ‘enfire’ by their ideals, that they sweep others along irresistibly.” ⁽³⁾



According to Robbins, one of the great abilities of those upon the sixth ray is that they know how to preserve contact with the source of their strength....a beloved source from which animating energy flows...Affirming the best in all things, their optimism is undimmed and undying. In the phenomenal world (the world of many changes) the steadying, orienting influence of sixth ray individuals is extremely valuable. ⁽⁴⁾

This view highlights the value of the sixth ray when expressed for the good of all, in contrast to its expression as the fanatical devotion of religious extremists, still evident in today's world. Religious, political, economic, ecological and other systems are foundering around us. World figures and 'pillars of the community' are revealing 'feet of clay'.

In the mass consciousness of humanity across the world, disenchantment, disorientation, depression and disengagement appear to be on the increase. There is a need for world leaders whose vision, passion and commitment to the good of all are able to lift humanity to a new vision and hope.



This is also the service which we can render as esoteric students. Let us take up Tim Boyd's impassioned appeal to be "illuminated and enflamed by the teaching". As esoteric (soul-centred) teachers, meditators and practitioners we can strengthen our sixth ray devotion to the teachings and rekindle the warmth that attracts others. Together, may we become "a steadying, orienting influence" within the field of mass consciousness.

Julia Tarnawsky

References

- (1) Luke 24:32 *The Bible* (AV).
- (2) Blavatsky, HP *The Secret Doctrine Vol I Cosmogenesis* page 290
- (3) Robbins, Dr Michael D. *Tapestry of the Gods Vol I* pages 152-3
- (4) Ibid 149



SOLAR FIRE DATES AND TIMES

Monthly meditations are always held at the full moon at Southern Lights Centre near Akaroa.

Please contact Julia and Orest for details.

Julia 021-1736813, Orest 021-1434583

E-mail: orestpleiades@gmail.com

Christchurch meditations can be held in 2020.
Please let us know if you'd like to be notified of
when and where they are
office@southernlights.org.nz

MEDITATION TEMPLE DATES

Aries	7 April	4.00 pm
Taurus	7 May	4.00 pm
Gemini	5 June	4.00 pm

FULL MOON

Aries ♈ **Keynote: I come forth and from the plane of mind I rule**
(actual time 8 April 2.34 pm)

Taurus ♉ **Keynote: I see and when the eye is opened, all is illumined**
(actual time 7 May 10.45pm)

Gemini ♊ **Keynote: I recognise my other self, and in the waning of that self I grow and glow**
(actual time 6 June 7.13 am + lunar eclipse)

NEW MOON

Aries ♈ **Keynote: I come forth and from the plane of mind I rule**
(actual time 24 March 10.28 pm)

Taurus ♉ **Keynote: I see and when the eye is opened, all is illumined**
(actual time 23 April 2.26 pm)

Gemini ♊ **Keynote: I recognise my other self, and in the waning of that self I grow and glow**
(actual time 23 May 5.38 am)

Cancer ♋ **Keynote: I build a lighted house and therein dwell**
(actual time 21 June 6.41 pm + solar eclipse)

THE GREAT INVOCATION

**From the point of Light within the Mind
of God**

**Let light stream forth into the minds of
men**

Let Light descend on Earth.

**From the point of Love within the Heart
of God**

**Let love stream forth into the hearts of
men**

May Christ return to Earth.

**From the centre where the Will of God
is known**

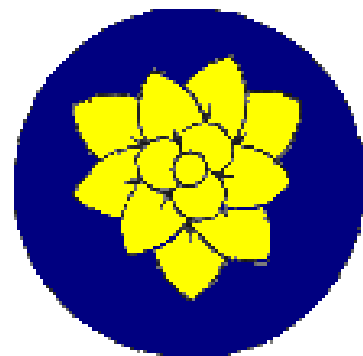
**Let purpose guide the little wills of men
The purpose which the Masters know
and serve.**

**From the centre which we call the race
of men**

**Let the Plan of Love and Light work out
And may it seal the door where evil
dwells.**

**Let Light and Love and Power restore
the Plan on Earth**

Om Om Om



CABINS FOR RENT AT SOUTHERN LIGHTS CENTRE CUTE, COSY AND AVAILABLE NOW



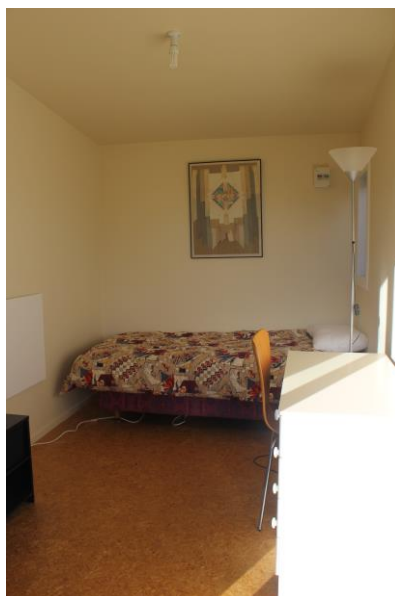
CREATE YOUR OWN RETREAT.

**EXPERIENCE SOLITUDE AND TIME IN THE TEMPLE, OR JOIN US IN OUR
THREE DAILY MEDITATIONS.**

COME FOR A NIGHT OR FOR ANY NUMBER OF NIGHTS.

CABINS ARE WARM, ATTRACTIVE AND COMFORTABLE.

PRICE IS LESS EXPENSIVE THAN YOU THINK.



PHONE JULIA OR OREST TO BOOK: Julia 021-1736813, Orest 021-1434583

SENTIENCY...STUDENTS AND LEARNING

The level of penetration into the deeper significance of reality when reading an article or book varies greatly over time. If the “Life-stream” is truly entered, lines of relationship become evident and new understandings prevail. This “Life-stream” is the continuity of learning by activating choices so that which has spiritual relevance is focussed upon regularly. This includes daily spiritual practices such as meditation that attune the intuitive function and promote spiritual telepathy. Essentially this “Life-stream” is the soul influence upon the personality and its vehicles.

This gradual soul-personality fusion can become a reality as comprehension becomes readily evident upon re-reading core books. These core books are foundational to our held value and belief patterns of feelings/thoughts. A synthesis develops as cross-referencing becomes a more regular event. This cross-referencing may be due to an alert recognition to key concepts as scanning of resources takes place. There seems to be a rush of three or five hits where the key term “steps out” into visibility. This repetition or recognition helps to establish the concepts or pattern of thoughts so that they can be readily brought to mind or placed into a different context.

There comes a stage beyond the contact and recognition of concepts and themes...moments of impactful vision, original thinking and deep apprehension that leave a being in a state of wonder.

Significance is a higher level of relevance where crucial importance is realised in a moment of revelation. This expansion and penetration into meaning is when a central nodal point (where many lines of relating intersect) is dwelt upon. A larger segment of reality becomes apparent and a lucidity of insight prevails.

Sentiency is gradually unfolding in a natural progression; yet an enhancement takes place through grace because of study, meditation and service. When service involves the presenting of the teachings of the Ageless Wisdom...the qualities of the students may draw forth from the teacher hidden reserves of knowingness...which blossom forth unbidden. The well asked question ...in a true quest for truth... calls forth the response.

We have had mature age enquirers staying for three plus weeks; followed by younger workers who also had that thirst for knowing. They have tested our mettle; this followed five intensive weeks on our first visit to India where we engaged in many casual but profound meetings with interesting people. Altogether this year has so far been a shift in perspectives brought upon by challenging moments. Somehow our teaching, study and discussions have been fruitful!

May the circumstances in your life provide the opportunities for your growth and may love prevail.

Love and light ...Jurij-Orest Tarnawskyj



SOUTHERN LIGHTS CENTRE LIBRARY



Southern Lights Centre library is full to the brim with all the books you could imagine, from traditional esotericism, to Ken Wilber and modern day thinkers, to art, to archeo-astronomy. There is something of interest for everyone

Arguably the most comprehensive spiritual library in the South Island. The library contains books that are hard to find and not in conventional libraries. Our thanks to Phillip Lindsay who donated the majority of the books.

An extensive range of esoteric literature, astrology books, biographies, mythology, symbolism and much more.

Authors include: Alice Bailey, Helena Blavatsky, Phillip Lindsay, Dane Rudhyar, Dalai Lama, Joseph Campbell, Carl Jung

Open to view at 433 Long Bay Road, Akaroa
Call in for a browse.

Please contact us for a list of books available or to view this amazing resource.

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SOUTHERN LIGHTS CENTRE DIARY NOTES

January found us in India, firstly in Varanasi at the International Convention of the Theosophical Society. We then travelled to Gangtok in Sikkim, Darjeeling and Kalimpong. We had marvellous views of Mt Kanchenjunga in Darjeeling and in a Tibetan Buddhist monastery there we revered a statue of the seated coming World Teacher, Lord Maitreya. We paid our respects at the stupa for Lama Anagarika Govinda and his teacher in another Tibetan Buddhist monastery in Darjeeling and visited the last home of Helena Roerich in Kalimpong. The Capricorn Full Moon was observed at Darjeeling, the ajna centre of planet Earth according to Master Djwhal Khul.



Further pilgrimages were made to the ashram of Sri Aurobindo in Pondicherry and his community at Auroville. We meditated in the room where Ramana Maharshi once gave darshan in his ashram at Tiruvannamalai and climbed Mt Arunachala to his cave. We sat in the presence of Mother Meera during meditation at her school in Madanapalle. We walked in the precincts of the pioneers of theosophy and of the Masters of the Trans-Himalayan Wisdom teachings in the Theosophical Society compound at Adyar in Chennai.

I feel deeply grounded in the cultural roots of the wisdom teachings through the experiences in India. The final five days of our five-week journey were spent in the Bodhi Zendo centre high in the mountains out of Madurai. I found this experience to be exquisite, both for the beauty of the surroundings and for the refinement of the meditations.

On return to Southern Lights Centre we were confronted by a demolished garden around parts of our house, in preparation for painting the house. Our house-sitters were also keen to start a Hugel garden and all is in place now for the planting of vegetables, at the bottom of a bank in front of the house. Two young WWOOFers from Germany are involved with the wood chopping and storing for winter and have helped start the painting process in the last few days. They also helped build a set of stairs down to the Hugel garden, topped with river pebbles.



We recently farewelled a delightful couple in their sixties from the Isle of Wight. They came for three weeks for our teachings and helped in the garden as well as teaching us some very gentle gradations of yoga asanas (Brian, the husband is a Yoga teacher). I enjoyed taking them around the Maori Museum at Okains Bay and they went on a nature cruise on Akaroa Harbour.

The Aquarius and Pisces Full Moon Meditation Retreats were held here with people from Christchurch attending.



We have welcomed several visitors for meals and afternoon teas, including a person who interpreted for the Dalai Lama in Germany. He provided a wonderful opportunity to learn more about the Dalai Lama from close quarters. A Mindfulness group stayed one weekend.

We are looking for a way to rehouse the library. The precious out-of-print books need protection from the moths, dust and temperature changes in the 1885 shepherd's cottage which also has rats in the ceiling. Our versatile builder gave a quote of \$NZ15,000 - \$20,000 for a recycled refrigerated shipping container with its interior refurbished with shelving, including siting and connecting to power and installing a humidifier. This is beyond our means at present and, in the interim, vermin-proofing and adding further insulation to the existing library are being considered.

This is the season for seemingly never-ending supplies of tomatoes from our greenhouse and offers of plums, pears, peaches, apples and marrows from neighbours and friends.

The Akaroa choir (the Tectonic Tones) continues to be a source of fun and inspiration, our latest potluck dinner being in the community centre (the old schoolhouse) at Le Bons Bay after singing in the local church there.

Some of you may currently be in lock-down in your home, town or country until the coronavirus has run its course. I have noted the number of articles about pandemic as an opportunity for people everywhere to reflect more deeply on their lifestyles, to connect with loved ones and enjoy the blessings of silence and stillness. For those on the spiritual path this is an opportunity to build and radiate out inner peace into the global consciousness field. Humanity's 'spring clean' as the northern spring commences?

Wishing all readers a time of safety and peace in the next few months.

Julia Tarnawsky





WEDDINGS AT SOUTHERN LIGHTS CENTRE

Southern Lights Centre is a beautiful place for a wedding, especially as spring and summer approaches. The temple is available a wedding, Long Bay House for reception surrounded by beautiful views.

The temple is a unique space designed to marry heaven and earth, spirit and matter, the masculine and the feminine. It is a space that stands free from any religion or philosophy and offers any person(s) from any background a place where they can connect with their essential nature, connect with each other and find true meaning in their lives.



There are spaces (especially in front of the temple) where an outside service could be held. There are many possibilities at Southern Lights Centre to create a wedding. Below are three outlines that could be altered to suit your needs.

Option 1) - an outside service - The backdrop of the Akaroa harbour and the temple would make a perfect place for an outdoor wedding.

Option 2) - a service in the temple - The temple is a sacred space and talks constantly of marriage.

It is the perfect place to conduct a small ceremony.

Option 3) - a reception in Long Bay House – this could be used to house a small reception of up to 25 people. All the facilities of the space could be utilized for this occasion.



Please contact Southern Lights Centre for further details:

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UPDATES and INFORMATION **SOUTHERN LIGHTS CENTRE**

WEBINARS

PONDER ON THIS - WITH GUEST FACILITATOR JO WALZ

An online webinar series for students and supporters of Christ College of Trans-Himalayan Wisdom and the Southern Lights Centre particularly those familiar with and interested in sustaining a connection to the teachings of The Tibetan Master as given to Alice Bailey:

A contemplative virtual space for consideration of the deeper meaning and ideas for further study of those topics outlined in the book "Ponder On This"

You can find out more information by downloading the Ponder On This webinar series brochure on the Southern Lights Centre website, www.southernlights.org.nz

If you have any questions, or would like more information, please contact the facilitator, Jo Walz jowalz@hotmail.com



LONG BAY HOUSE – HIRE



Long Bay House is available for hire. It is the perfect place for workshops, meetings, or a weekend getaway. It is nestled on the hills of the Banks Peninsula with stunning views. It comes complete with kitchen facilities, shower and toilet facilities and can accommodate up to 24 people and sleep up to 10, plus the cabins which sleep another 4.

Facilities available:

- * temple access
- * 2 workshop/teaching rooms
- * marae-style accommodation
- * kitchen
- * shower/toilet
- * picnic table, nature walks

Please contact Southern Lights Centre for details: Julia.tarnawsky@gmail.com

Please refer to Phillip Lindsay's excellent newsletter on the current world situation.

<https://esotericaastrologer.org/newsletters/coronavirus-an-astrological-and-esoteric-analysis-march-2020/>



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Autumn Equinox
20 March 2020 – 4.50 pm (NZT)

WEB SITE www.southernlights.org.nz

This site is regularly updated. You can download the Newsletter; keep up with events that happen between Newsletter printings and see some of the photos of current projects and events.

Please contact us if you have a relevant link.