

*ESOTERIC STUDENTS' NEWSLETTER*  
*Sponsored by Southern Lights Centre and*  
*Christ College of Trans-Himalayan Wisdom*

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## BE PRESENT IN YOUR PRESENCE AS YOU PRESENT YOUR PRESENTS

Christians focus on the baby in the manger at Christmas time, yet this excerpt from a poem reminds us that we all carry the Christ energy as love in the heart, expressing through the unique essence of each individual, radiating out to others.

*Christ plays in ten thousand places,  
Lovely in limbs, and lovely in eyes not his  
To the Father through the features of men's faces.* <sup>(1)</sup>

We are each seen by the creator as “lovely”. This can be especially true at Christmas when the joy of giving and sharing is a way of expressing the generosity and goodwill prevalent at this time, albeit having to find its way through the material emphasis on gifts and food!

Humans carry energy systems in the form of the seven chakras or energy centres along the spine. For many humans this system is jangling in disharmony and uneven development. According to esoteric teachings, this energy system is eventually intended to evolve and work as one instrument for the expression of spiritual will through intelligent activity, lovingly expressed.



The Sufi mystic and poet , Hazrat Inayat Khan, surrendering to the divine, wrote

*Let my heart become Thy lute, Beloved  
And my body Thy flute of reed* <sup>(2)</sup>

I imagine his chakra system being played by the winds of spirit as a willing and supple acknowledgement of divine will, paramount in his life.

All of us are aware of the gap between the haves and have-nots at Christmas as the latter struggle to keep up with the traditional expression of Christmas in our consumer society. Others may be lonely or ill and marginalised.

Every day at noon we say the following mantram in the Temple at Southern Light Centre and every day I ponder on new perspectives on “the need”.

*We know O Lord of Light and Love about the need  
Touch our hearts anew with love, that we too may love and give.*

Having sent love and light over the year, to help lift people and situations with so many needs in the world, this Christmas I have come back to a fundamental need, probably in all humans – the need to be seen and accepted, loved and embraced as we truly are as individuals, to be included and to belong.

I remember from clinical practice as a psychologist that Christmas was not always a happy time in families. There is the ideal of the ‘happy family’ and at Christmas a desire to smooth over disagreements and re-establish connection over Christmas dinner and gifts. Yet sometimes there are deep resentments and

hurts over unspoken 'unfinished business' which are an undercurrent beneath the Christmas cheer – jealousy, regret, pride, a need to be held and told “I love you”, “I am proud of you”, a yearning to spill out rage or dissatisfaction to clear the air.

Another Christmas passes.....So this Christmas I ask for the need for healing for hearts that are strongly shielded, hard, broken, bruised, frozen. May acts of deep and genuine recognition and currents of loving connection be expressed in families. May forgiveness and forbearance also help with the healing. May there be a genuineness of expression. Supposedly “the eyes are the window of the soul”. May the soul essence shine through to others.



Ultimately we can lift our aspiration to the universal love in which we live and move and have our being. The Christian mystic Jean-Pierre de Caussade wrote in his book *The Sacrament of the Present Moment*:

*If that eternal love partly ends in the senses it is because God's will does too. By reducing itself, as it were, to the dimensions of the present moment, it is able to reach the senses and from there pass into the heart. <sup>(3)</sup>*

We can know that there is a deep interconnectedness between all entities in creation and that we are loved and seen as souls courageously expressing through flawed personalities and their foibles.

*Julia Tarnawsky*



*Pohutukawa – NZ Christmas tree*

<sup>(1)</sup> from “As Kingfishers Catch Fire”, Gerard Manley Hopkins

<sup>(2)</sup> from “Thy Wish”, Hazrat Inayat Khan

<sup>(3)</sup> from the CD *Devotion to Love*, Georgia Carr, HarperCollins Paperback 1989 p. 50

## SOLAR FIRE MEDITATION RETREATS 2020



*In honour of World Invocation Day on the Gemini full moon every year The Great Invocation in German, French, Spanish, Italian and Japanese is now on display in the porch at Southern Lights Centre*

*Please join us for the next meditation retreat days, Sundays 9.30 am to 4 pm.  
Mark your diaries and join us to celebrate the different solar fire astrological energies.*

**Capricorn**

**\* 20 January 2020 \***

**Aquarius**

**\* 17 February 2020 \***

**Pisces**

**\* 17 March 2020 \***

Those wishing to participate are welcome to book in advance and send their birth details so a natal chart can be made for discussion at the Sunday retreat. For example, if you were born in Aquarius, how does your birth chart relate to the full moon chart and energies for Aquarius?

All welcome

**For More Information**

**Ph: 03-304-8893**

**Email: [Julia@southernlights.org](mailto:Julia@southernlights.org), [orestpleiades@gmail.com](mailto:orestpleiades@gmail.com)**

## SOLAR FIRE DATES AND TIMES

Monthly meditations are always held at the full moon at Southern Lights Centre near Akaroa.

Please contact Julia and Orest for details.

O3 304-8893

E-mail: orestpleiades@gmail.com

Christchurch meditations can be held in 2020.

Please let us know if you'd like to be notified of when and where they are  
office@southernlights.org.nz

## MEDITATION TEMPLE DATES

Capricorn	21 January	4.00 pm
Aquarius	19 February	4.00 pm
Pisces	20 March	4.00 pm

## FULL MOON

Capricorn ♄ Keynote: *Lost am I in light supernal, yet on that light I turn my back*  
(actual time 21 January 6.16 pm +eclipse)

Aquarius ♒ Keynote: *Waters of life am I, poured forth for thirsty men.*  
(actual time 20 February 4.53 am)

Pisces ♓ Keynote: *I leave the Father's house and turning back, I save*  
(actual time 21 March 2.43 pm)

## NEW MOON

Capricorn ♄ Keynote: *Lost am I in light supernal, yet on that light I turn my back*  
(actual time 6 January 2.27 pm +eclipse)

Aquarius ♒ Keynote: *Waters of life am I, poured forth for thirsty men.*  
(actual time 5 February 10.05 am)

Pisces ♓ Keynote: *I leave the Father's house and turning back, I save*  
(actual time 7 March 5.05 am)

## THE GREAT INVOCATION

**From the point of Light within the Mind of God**

**Let light stream forth into the minds of men**

**Let Light descend on Earth.**

**From the point of Love within the Heart of God**

**Let love stream forth into the hearts of men**

**May Christ return to Earth.**

**From the centre where the Will of God is known**

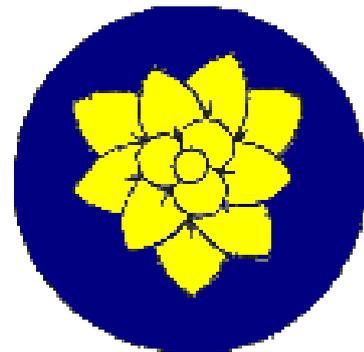
**Let purpose guide the little wills of men  
The purpose which the Masters know and serve.**

**From the centre which we call the race of men**

**Let the Plan of Love and Light work out  
And may it seal the door where evil dwells.**

**Let Light and Love and Power restore the Plan on Earth**

**Om Om Om**



## REALITIES MAY BE PARALLEL

Realities may be parallel, convergent or divergent... alluding to positionality as placement and direction. As humans we take a stance or position with regards to many values, issues, interests and beliefs. Often these are conditioned by our culture, education, upbringing and circumstances. Successful relationships may often hinge on the management or diplomacy of our interactions with others.

Self-awareness of the emotional and conceptual drives that accompany our behaviours may help with developing "right-human relationships"...Harmony through conflict!

We, here at Southern Lights Centre, are often asked to help clarify differences in realities experienced by couples or even individuals and the ideas we espouse. This article is an attempt to provide a framework for consideration that may help to improve awareness of possibilities.

The triangle image came to mind as a Sagittarius symbol of direction and convergence. From a base line two opposing ends extend and are drawn together possibly by aspiration towards a common goal.

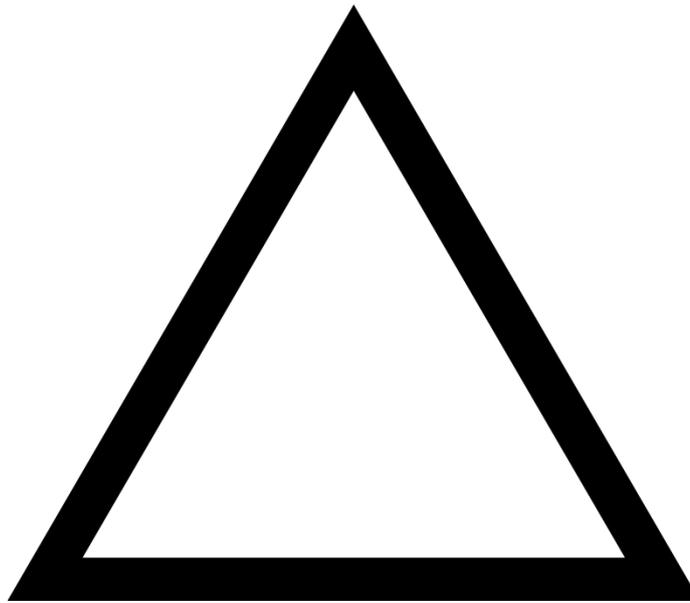


Figure 1 Triangle.

Then I thought of two people still apart following parallel aims (fig2) but not the same path. The possible direction is up or down; towards or away hence they may be distancing themselves or following a similar path. Always apart is an agreement that allows separation to exist with regards to one aspect of reality.

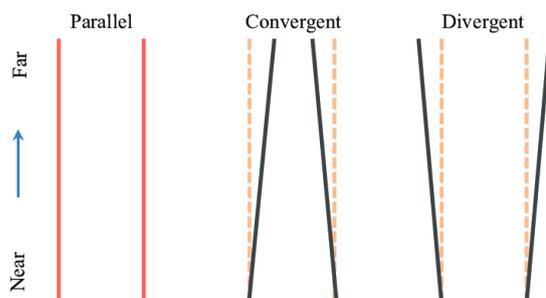


Figure 2 Parallel/Convergent /Divergent

The middle lines are convergent and relate to the triangle (fig 1). These lines suggest a coming together towards a common point of focus. Convergence as a principle may also show many lines from an outer

circumference moving to a central focus (fig3). When considered from a starting point at the centre, the lines are divergent as the right image in fig 2 also shows. Convergence depends on both lines' motion at the same inclination or angle towards each other. Divergence has the angle away from each other. This suggests attractive and repulsing forces (vectors).

Compromise by both sides simultaneously happens for convergence works best when it is mutual. Divergence allows for differences and separate methods or ways of thinking.

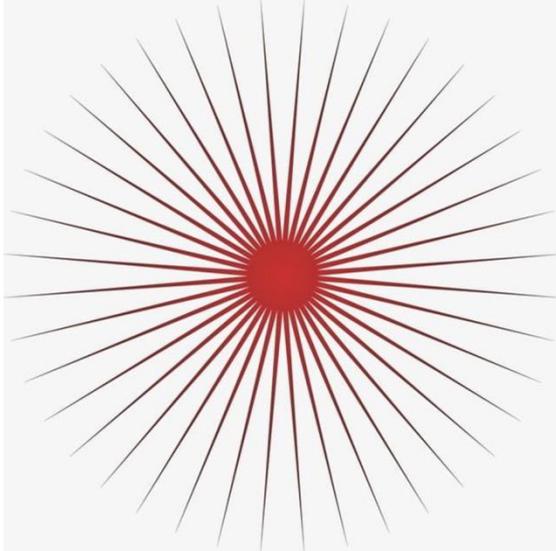


Fig3...Convergence /Divergence

Divergence may increase to a large degree and then separation of the endpoints becomes evident. We may be in a relationship or be considering forming a relationship with another or with a group. This is when a consideration of these concepts and diagrams may prove particularly useful.

Compatibility with regards to physical, emotional, mental, social, and spiritual aspects creates a degree of unity or common purpose. Some differences create the opportunity to develop tolerance and balance. But, marked oppositions can result in unresolved conflict and these differences can escalate into a need for separation. Compatibility infers attraction, while oppositions suggest a potential difficulty.

Orientation towards similar values, qualities and objectives involves a common vision and purpose for life. Change as life experiences impinge over time may lead to a gradual shift of comprehension leading to a slight divergence of values which will slowly affect choices and decisions. This is where clear communication of feelings and thoughts assumes a greater significance. Discussion of feelings and motivations as self-awareness increases helps clarify direction and positionality on various issues.

Danger currents and swirling eddies arise at crisis points in life. These may involve sudden changes in health, jobs, location, different family situations (e.g. children leaving home); or new initiatives/interests developed by one but not the other. Suppressed realities may become apparent as freedom of time becomes available... as in retirement. As family obligations and responsibilities change and ease those suppressed aspects gather strength seeking expression. Addictive behaviours often mask early suppressed experiences and their associated feelings.

Sharing of growth experiences is bonding. Then there is a strong reciprocity, a give and take situation develops. Where the feelings of frustration build is when it is felt that you are always compromising your values and sacrifice your needs to benefit the other. This unequal balance of giving or receiving becomes an expectation as patterns of behaviour become fixed. Breaking out of these circumstances requires deep

awareness through observation, through reflection and through a choice to change fixity of addictive patterns.

Figure 4 Perpendicular lines show a 90 degree angle/shift in direction away from a vertical into a direct horizontal separation. This dramatic shift is a re-orientation of the inner driving energies leading to an expression of deeper aspirational values. This may move a human from materialism towards the spiritual. Or vice-versa into a concern for satisfying personal material needs sacrificed earlier for the family. The perpendicular lines relate strongly to the square and the inner axis of the cube symbol of the earth, materiality and separation. The reformation of a cube towards a different expression of the Platonic and Archimedean Polyhedra is by truncating the vertices. This results in a different platonic form holding differing qualities as possible expressions of potential.

Life may be seen as a journey from the cube to the sphere via truncation (pressures). This is indicated in a study of sacred geometry linked to music and harmony.

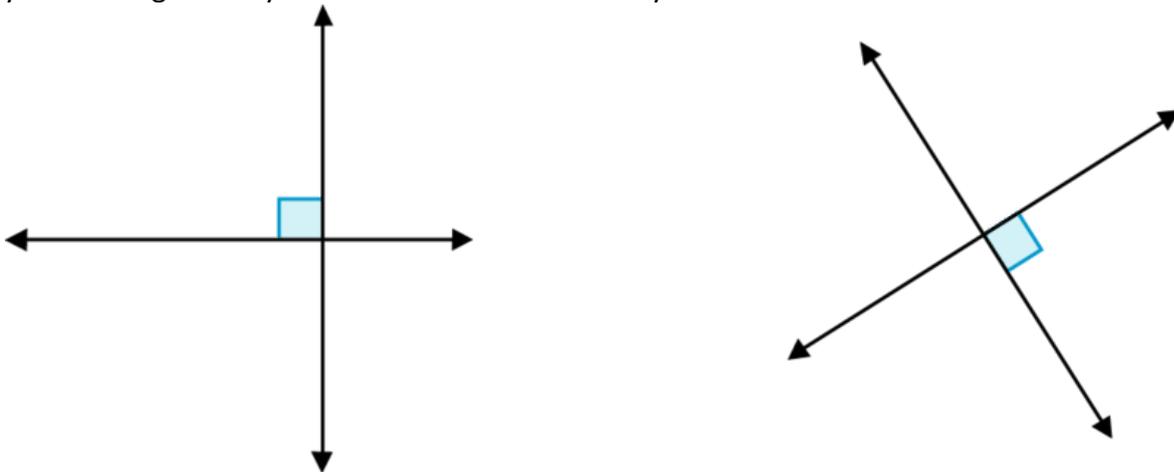


Figure 4

Perpendicular Lines

Divergence from the vertical (aim, objective, purpose) may be due to emotional bias, the leverage pressure of expectations, faulty compass (misapprehension of a desire/wrong choice), change in circumstances, false assumptions, limited perspective, distractions...and so the list goes on!

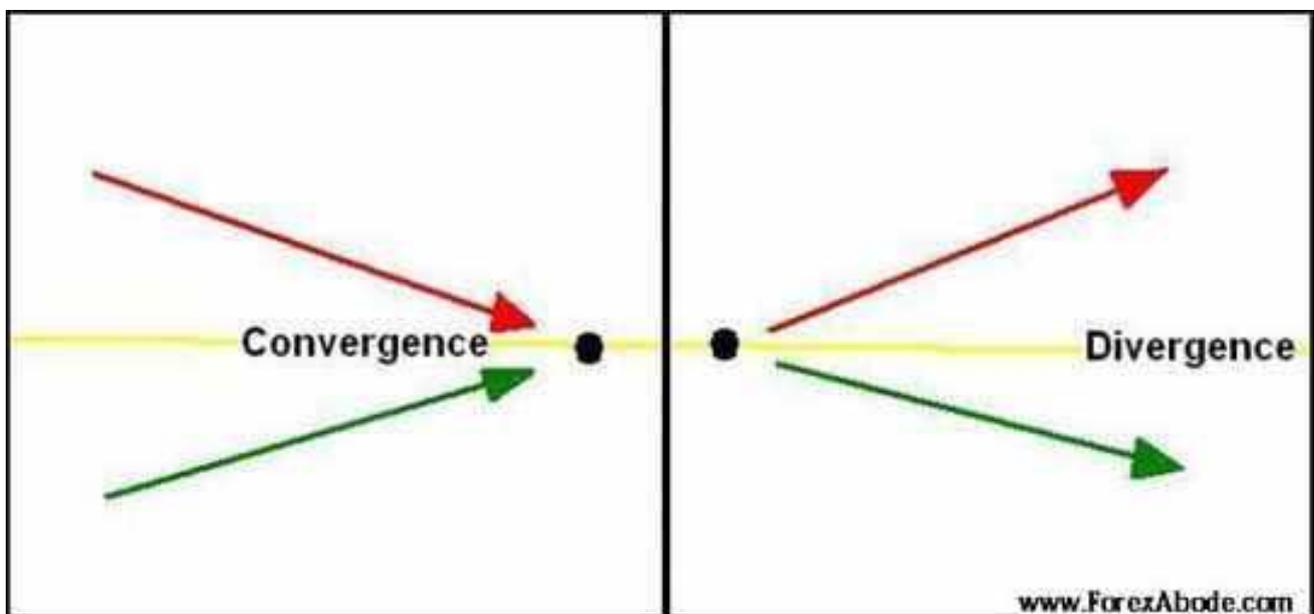


Figure 5 ...Convergence to a central focus and then divergence.

Sagittarius.—I see the goal. I reach the goal and see another. This suggests that convergence is attained and there is a penetration towards a new opening/radiation or opportunity followed by a revelation leading to a new convergence.

This essentially is the “hourglass-form” or hyperboloid within the torus. This also is the caduceus within the anu thus relating to the energy centres. From a human perspective it may be related to the chakra system and its functioning.

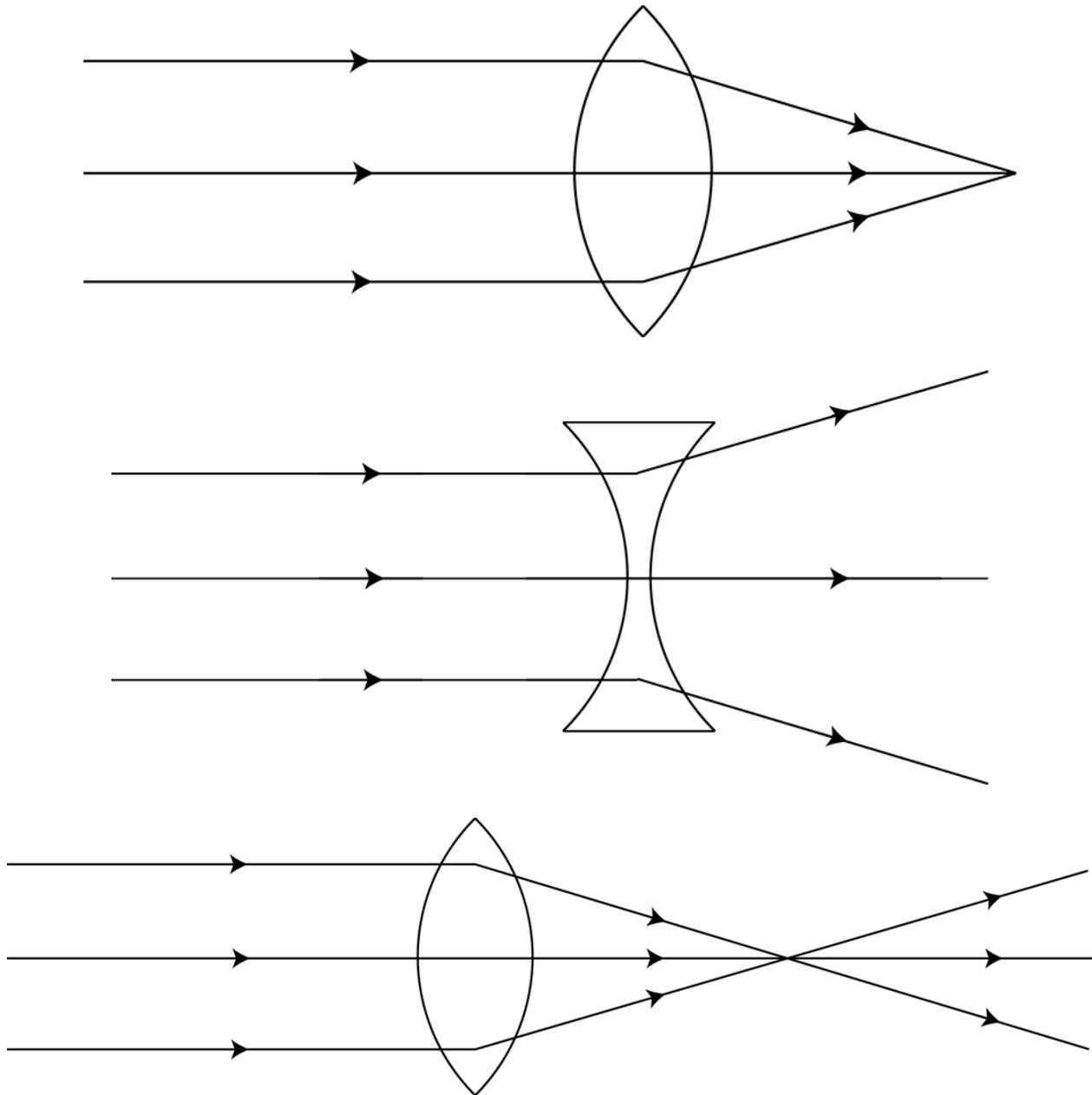
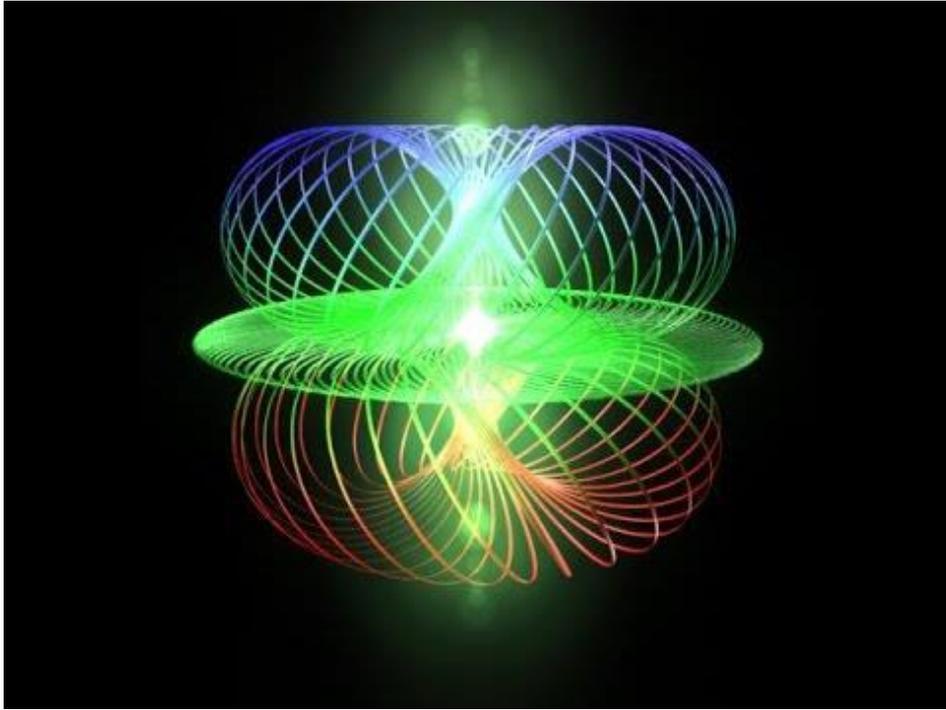


Figure 6 Lenses ...Convex and Concave

Three dimensionally the vortices of energy become evident and this compression and radiation becomes the basis of the Torus/Hyperboloid... symbol of the standing wave. Sound, and some also suggest light, expresses as longitudinal waves (sequential patterns of compression and rarefaction).

The lenses, both convex and concave, relate to optics (eye/camera) to perception and imaging. Optics shows light as parallel, converging and diverging and this commonality suggests basic principles apply to many areas in nature.



Cohesion is a principle applicable to the energy flow (piezoelectricity) in crystals; to structure in water (G. Pollock...Emoto); to light (laser is coherent light); to sound (Harmony); to the heart (heartmath); to magnetism to vectors...and so it goes on.

“Students need here to remember that we are concerned with the energy or activity which produces forms, and, therefore, with the forces which tend to coherence, to concretion, and to the stabilisation of the work of the builders... Everything in the solar system is in a state of flux, as is everything in the universe, and the vital energy circulates, as the blood or the nervous energy of the body circulates, throughout the entire system”. *Treatise on Cosmic Fire, Alice A Bailey, p. 1029*

Cohesion ...“Back of matter, there can be found an immanent and potent factor which is responsible for the coherence of the form nature, and which constitutes the acting personality in the physical world”. This can be regarded as the life aspect, all other factors below the spiritual reality are but ways to the centre, and must be entirely superseded in the contemplative state wherein the man slips out of the form consciousness into that of the spiritual reality, the soul.”  
*From Intellect to Intuition, Alice A Bailey, p. 179*

When the principle of coherence or of integration ceases to function, that which it produced—the coherent functioning body—likewise ceases to function. *Esoteric Psychology, Alice A Bailey, p. 89*

The acquisition of knowledge is a continuum ... thus a process of revelation deepens our consciousness as we penetrate the mystery of life. This cycle of convergence to a point of penetration followed by expansion is a natural process of unfoldment. It is sometimes called periodicity and is a foundational principle. The problem becomes fixity of ideas ...a certain “stuckness” that prevents change.

Essentially realities may be parallel, convergent or divergent and this functionality is a part of the living processes in nature. Transition from one aspect to another is a part of the growing, evolving entity. Consciousness of these processes helps one make progressive choices under the varied circumstances life presents.

*Jurij-Orest Tarnawsky*

**THE TABLE**

I sit with my family  
 In the Temple,  
 Their presence through the fine old table,  
 My grandmother's,  
 Passed through my mother,  
 Sister, her children,  
 Now with me.

Elegant dark wood,  
 Turned Jacobean legs,  
 Await the signatures  
 Of two who will marry here  
 Today.

The splendid aura of the table  
 No longer nestled in cluttered hall  
 Now on sparse expanse  
 Of marbled floor,  
 Set apart.

A body memory rises.  
 My grandmother's dignity reaches out,  
 Embraces me.  
 I carry her genetically  
 And in my own being.

*Julia Tarnawsky*

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**BRITISH COLLAPSE - 12/12/19**

Words have become hollow logs  
 Crumbling as worm holes clog up  
 Passages filled with rot.  
 Sound is muffled and muted  
 No notes are heard  
 That resembles a true tune.  
 A disquieting emptiness pervades  
 As the axe is consumed by the moist  
 damp heartwood  
 Structure has been lost  
 For the grand oak stands no more  
 The edge of chaos strikes  
 Fungus, moulds consume the core  
 Decay ... the death of form is here!  
 Yet fungus mushrooms visions convey  
 Heralding a future age.

*Jurij-Orest Tarnawskyj*

**SAGITTARIUS THOUGHTS!**

What hunger drives the heart?  
 Who fletches the arrow?  
 Sharpens the cutting/piercing blades  
 Threads the twine/cord of bow  
 Held taut by bend of sapling  
 As the hunter tracks the prey.

What suffering drives the mind  
 That fails to test the presenting thoughts  
 Tethered to a pattern fraught  
 With anguish and with pain?  
 Designs proven wrong thou have grasped  
 Thrust, discard, trash these worthless  
 plans  
 What remains of self-worth  
 That once knew the value of  
 Integrity...truth...honour???  
 What feelings numbed thy heart  
 That vision true was not perceived?  
 Consequences now will  
 Make thee bare  
 Lean the body of humanity  
 As ribs revealed  
 Indicate the coming deprivation.

*Jurij-Orest Tarnawskyj*



## AWARENESS OPENS



The gumnut caps fall hard  
 Flowers bunched swaying on high  
 Their yellow radiance full and sweet  
 Silver eyes dart downwards to dried flax  
 stalks  
 Wiping their honeyed beaks.

A light wind-blown rain  
 Sprays from darkened sky  
 Sprinkle wetness felt...  
 Temple windows cleaned bright  
 For a recent wedding day...  
 Fools their flying-eyes  
 The occasional thud echoes in our hearts  
 As a small life struggles out of the dazed  
 state  
 A stalking stoat scurries over rocks  
 On its inquisitive hunger beat.

A hare on the broad grassy expanse  
 Leaps high in backward flip  
 Startled in fright as hawk circles above  
 The wind does abate  
 Silence deepens ...sharpening the gaze  
 Greyness abounds ...a cool thickness  
 pervades  
 Rain-cloud fog drifts across the valley  
 Dim, dank, invades  
 Hill-colours fade as greens turn grey.

Central candle, Shiva's lignum burns  
 with grace  
 A sunlit patch hovers below then dims  
 The burst of flight streaks swiftly  
 Sharp dark specks in jagged motion  
 return.

I gather a stunned bird  
 Warming its frailness with a healing  
 mantra  
 Placing it with care in safety  
 On returning it has gone.  
 Mauve fox-glove stalks just sway  
 What awaits winds rising call?  
 This morning's unfoldment  
 Amidst early summer blossoms  
 Contrasts with Australia's heat  
 As Adelaide's hills burn  
 My memories of Joan  
 Our Cuddle-Creek radionics naturopath  
 Return... heart's open wider  
 To embrace, to accept, to move on  
 Life IS!

*Jurij-Orest Tarnawskyy*



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## SOUTHERN LIGHTS CENTRE DIARY NOTES

Greetings from Julia.

We had a variety of people staying with us over this last quarter of the year. A spiritual colleague from the West Coast of the South Island visited. She has had a long association with our centre. A Queenslander who also has an ongoing connection with us spent several days here. It was a joy to have their companionship and to share meditations and meals with them. They put in a lot of work in the garden whilst here. Thank you!

The Tibetan Buddhist monk and his Argentinian student were with us from October to mid-November. We benefitted from the study of a fourteenth century Buddhist text, *The Great Treatise on the Stages of the Path to Enlightenment* by Tsong-Kha-Pa. Its emphasis is the Mahayana Buddhist teaching on enlightenment for the sake of liberating others and, for me, threw light on the work we do on the dissipation of glamour in the teaching of Master Djwhal Khul, himself a Tibetan monk.

A young Japanese woman worked here as a WWOOFer for two weeks. There are many places in the centre which have been revitalised by her assiduous cleaning. Just before taking her to the bus stop to return to Christchurch I played the documentary (entitled *Fools and Dreamers*) about our neighbour Hugh Wilson and his famous nature reserve, Hinewai, which adjoins our land. By coincidence, there he was at the bus stop on his bicycle just as we arrived. She was able to chat with him about her vision to use her skills in media studies to video-record her grandparents' traditional way of life in rural Japan, as an inspiration to other young Japanese city dwellers.

The new President of the local Masonic Lodge and his partner visited and we had an inspiring morning tea discussing the theme of 'brotherhood'.

Peter, the Admin Director and fellow trustee for the Southern Lights Charitable Trust, and his partner, have regularly spent weekends with us, participating in the Full Moon Meditation Retreats, sharing the cooking and helping with tree felling, wood chopping and carting and weeding. Their presence here is greatly appreciated and enjoyed. Peter has been attempting to cycle back to Christchurch, quite an arduous trip in parts, and has yet to achieve the full distance.



We have had occasional visits from a young Christchurch man who attends retreats and helps with painting, gorsing and wood chopping.



The fortnightly Ponder on This webinars have continued with the last two for the year on the topic of electricity, which I facilitated. The discussion and group process have built over several years now and Jo Walz's focussed intention, love, knowledge and techno skills have kept us in good shape. Thank you Jo!

As part of my service work I give astro-readings to those who request them whilst staying at SLC. This can help people clarify their direction in life and their possible soul purpose.

Connection with the Theosophical Society has been extensive with two branches requesting a presentation from me, two branch visits as a TS Governance Board member to discuss the role of the Governance Board, and a Governance Board meeting. I am particularly interested in the vision and mission of the TS and how these are being implemented.

We Skyped with a former WWOOFer from the UK, now working in Australia, who is a keen student of our teachings and wishes to return for further studies.

On 23 November Orest jubilantly announced, with relief, that the hose from the spring up on the mountainside was now unblocked and delivering water to our tanks. He had had several forays scrambling under the hectares of gorse to find the source of obstruction, a gorse root!

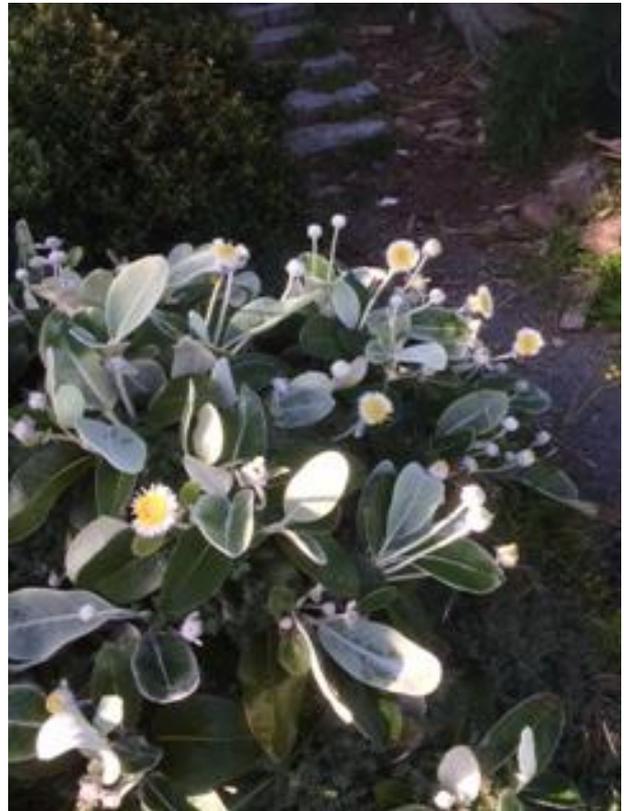
Both of us were sick for a few weeks following a cold, Orest with chest and ear problems and, for me, chronic sinusitis. We are now hale and hearty although I will be glad when the abundant grasses on the property have finished spraying their pollens into the air and the hay fever I experience has abated. We recently participated in a worldwide meditation at set times for the unity of the UK at the time of the recent elections there.

On 14 December a wedding was celebrated in the Temple. It was all hands on deck on the weekend prior to the wedding as the three men here mowed the lawns and the Temple had a thorough clean and its surrounds were weeded. On the day, menacing grey clouds gathered but the Sun came through at the time of the sprinkling of the rose petals over the newly-weds

That afternoon and evening we spent a leisurely time with our fellow choristers, members of The Tectonic Tones, and their partners at the community centre at the Le Bons Bay Domain. A flying fox was on offer as was badminton, although many of us enjoyed the shade of the veranda and a cooling drink and Kathy's poodle Nina for added amusement. Some people brought their WWOOFers, from France and the USA. Sarah had made elder flower cordial for the occasion and we had a potluck dinner followed by stories, poems and wonderful renditions of We will Rock you, Country Roads, El Condor Pasa and Jingle Bells by the newly formed Le Bons Ukulele group. Then the choir entertained the partners and friends with our favourite songs including California Dreaming, Five Hundred Miles, Shalom, You're Amazing and We are going down Jordan.

We are now preparing for the Festival of the New Group of World Servers from 21-28 December. It will be a good opportunity to acknowledge the service of all seven ray ashramic groups and the strength that comes from groups working with groups across disciplines and approaches. What is in common and recognisable through differences is the heart resonance that seeks to promote and nurture the good of all.

The manuka trees are in bloom, the Marlborough daisies as well, and wild foxgloves poke up in odd places. Summer is with us.



Wishing all readers an enjoyable Christmas with family and friends and a refreshing rest ready for the New Year ahead.

*Julia*

## SOUTHERN LIGHTS CENTRE LIBRARY



Southern Lights Centre library is full to the brim with all the books you could imagine, from traditional esotericism, to Ken Wilber and modern day thinkers, to art, to archeo-astronomy. There is something of interest for everyone .....

Arguably the most comprehensive spiritual library in the South Island. The library contains books that are hard to find and not in conventional libraries. Our thanks to Phillip Lindsay who donated the majority of the books.

An extensive range of esoteric literature, astrology books, biographies, mythology, symbolism and much more.

Authors include: Alice Bailey, Helena Blavatsky, Phillip Lindsay, Dane Rudhyar, Dalai Lama, Joseph Campbell, Carl Jung

Open to view at 433 Long Bay Road, Akaroa  
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[julia@southernlights.org](mailto:julia@southernlights.org)

## SOUL QUALITY

Slowly the eye of wisdom must be opened. Slowly the love of that which is the true, the beautiful and good must enter the dark passages of worldly thought. Slowly the torch of light, the fire of right must burn the garnered treasures of the past, yet show their basic usefulness.... *Esoteric Psychology II, Alice A Bailey, p 167*

In the years of the forerunner the razor seems to become sharper as we attempt to walk the razor's edge path. As outer events become more polarized and extreme, the qualities, virtues and nobility of the human experience still persists and the more we can focus on this realm of the soul the more we can shine the light that is emerging into the new paradigm coming into being. This appears in the middle way which "lies between the two great lines of force", the synthetic point, the paradox, the observer, the symbolism of the even-armed cross, the point where duality is resolved. Every day we can look for examples of:

### THE GOOD

<https://www.newshub.co.nz/home/new-zealand/2019/03/christchurch-terror-attack-i-cannot-hate-him-shooting-survivor-farid-ahmed-s-moving-speech.html>

### THE TRUE

<https://www.youtube.com/watch?v=GoKzCff8Zbs>

### AND THE BEAUTIFUL

<https://www.stuff.co.nz/entertainment/tv-radio/117757950/watch-hero-big-brothers-emotional-reaction-to-winning-a-trip-to-australia>

We come now to the fifth prerequisite: a vital and sure belief in humanity as a whole. There must be no pessimism as to the future of mankind or distress over the disappearance of the old order. The good, the true and the beautiful is on its way, and for it mankind is responsible, and not some outer divine intervention. Humanity is sound and rapidly awakening. We are passing through the stage where everything is being proclaimed from the housetops—as the Christ stated would be the case—and as we listen or read of the flood of filth, crime, sensual pleasure or luxury buying, we are apt to be discouraged; it is wise to remember that it is wholesome for all this to come to the surface and for us all to know about it. It is like the psychological cleansing of the subconscious to which individuals submit themselves, and it presages the inauguration of a new and better day. *Externalisation of the Hierarchy, Alice A Bailey, p 630*

The soul is ever present, the light ever present, the will ever present, love ever present - it's a matter of identification. With what do we identify; the lower aspects which we are enmeshed in and will feel anyway, or the higher aspects, the soul qualities, the essential principles of our experience. The will gives us the choice.

Goodwill is a theme of Christmas which we can activate at this time to help focus us on the broader/higher/deeper aspects of the good, the true and the beautiful and ever in the field of love.

Snoopy's Christmas 😊

[https://www.youtube.com/watch?v=0-hWZGIWe\\_U](https://www.youtube.com/watch?v=0-hWZGIWe_U)

*Katherine O'Brien*



## WEDDINGS AT SOUTHERN LIGHTS CENTRE

Southern Lights Centre is a beautiful place for a wedding, especially as spring and summer approaches. The temple is available a wedding, Long Bay House for reception surrounded by beautiful views.

The temple is a unique space designed to marry heaven and earth, spirit and matter, the masculine and the feminine. It is a space that stands free from any religion or philosophy and offers any person(s) from any background a place where they can connect with their essential nature, connect with each other and find true meaning in their lives.



There are spaces (especially in front of the temple) where an outside service could be held. There are many possibilities at Southern Lights Centre to create a wedding. Below are three outlines that could be altered to suit your needs.

Option 1) - an outside service - The backdrop of the Akaroa harbour and the temple would make a perfect place for an outdoor wedding.

Option 2) - a service in the temple - The temple is a sacred space and talks constantly of marriage.

It is the perfect place to conduct a small ceremony.

Option 3) - a reception in Long Bay House – this could be used to house a small reception of up to 25 people. All the facilities of the space could be utilized for this occasion.



Please contact Southern Lights Centre for further details:

433 Long Bay Rd

03-304-8893

[julia@southernlights.org](mailto:julia@southernlights.org)

[orestpleiades@gmail.com](mailto:orestpleiades@gmail.com)

## **UPDATES and INFORMATION** **SOUTHERN LIGHTS CENTRE**

### **WEBINARS**

#### **PONDER ON THIS - WITH GUEST FACILITATOR JO WALZ**

An online webinar series for students and supporters of Christ College of Trans-Himalayan Wisdom and the Southern Lights Centre particularly those familiar with and interested in sustaining a connection to the teachings of The Tibetan Master as given to Alice Bailey:

A contemplative virtual space for consideration of the deeper meaning and ideas for further study of those topics outlined in the book "Ponder On This"

Dates: ongoing from March 2016

You can find out more information by downloading the Ponder On This webinar series brochure on the Southern Lights Centre website, [www.southernlights.org.nz](http://www.southernlights.org.nz)

If you have any questions, or would like more information, please contact the facilitator, Jo Walz [jowalz@hotmail.com](mailto:jowalz@hotmail.com)



### **SOUTHERN LIGHTS CENTRE LIBRARY**

The holiday period is a good time to slow down and relax and read a good book!

Why not take a day trip to the lovely Akaroa and visit the Southern Lights Centre Library. It is a wonderful place to fossick around and find what you are looking for.

The catalogue is available for perusal. Please email Katherine at [southernpulsenz@gmail.com](mailto:southernpulsenz@gmail.com) and she can email you a copy either in order of author or topics. Please contact [julia@southernlights.org](mailto:julia@southernlights.org) to coordinate a time for a visit 😊

## LONG BAY HOUSE – HIRE

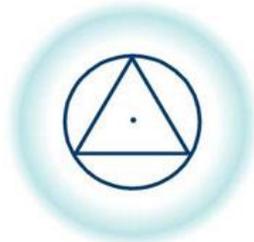


Long Bay House has been refurbished and is available for hire. It is the perfect place for workshops, meetings, or a weekend getaway. It is nestled on the hills of the Banks Peninsula with stunning views. It comes complete with kitchen facilities, shower and toilet facilities and can accommodate up to 24 people and sleep up to 10, plus the cabins which sleep another 4.

### *Facilities available:*

- \* temple access
- \* 2 workshop/teaching rooms
- \* marae-style accommodation
- \* kitchen
- \* shower/toilet
- \* picnic table, nature walks

Please contact Southern Lights Centre for details: [Julia.tarnawsky@gmail.com](mailto:Julia.tarnawsky@gmail.com)



**TRIANGLE CENTRE**  
AOTEAROA • NEW ZEALAND

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Sender: *Southern Lights Centre*  
433 Long Bay Road  
*Akaroa*  
*New Zealand*

*Summer Solstice*  
*22 December 2019 – 5.35 pm (NZT)*

**WEB SITE** [www.southernlights.org.nz](http://www.southernlights.org.nz)

This site is regularly updated. You can download the Newsletter; keep up with events that happen between Newsletter printings and see some of the photos of current projects and events.

Please contact us if you have a relevant link.